

AP Psychology - Unit 9 Assignment

Personality

Big Question: Which theory of personality best describes who we are?

Personality Objectives:

- Describe Freud's view of personality structure
- Outline and describe Freud's psychosexual stages of personality development
- Explain how defense mechanisms operate
- Discuss the major ideas of the neo-Freudians and today's psychodynamic issues
- Explain how projective tests are used to assess personality and describe research findings regarding their validity and reliability
- Discuss trait theories of personality
- Identify the Big Five personality factors
- Discuss the basic ideas of Maslow and Rogers
- Evaluate the humanistic perspective
- Describe the social-cognitive perspective and define reciprocal determinism

Personality Overview

Personality refers to each individual's characteristic pattern of thinking, feeling, and acting. The Personality chapter examines four perspectives on personality. Psychoanalytic theory emphasizes the unconscious and irrational aspects of personality. The social-cognitive perspective emphasizes the effects of our interactions with the environment. Humanistic theory draws attention to the concept of self and to human potential for healthy growth. Trait theory led to advances in techniques for evaluating and describing personality. The text first describes and then evaluates the contributions and shortcomings of each perspective. In addition, within each section is a brief description of some of the techniques used by the perspective in analyzing personality.

Unit 9 Reading Assignments:

You are responsible for the reading listed below; it is meant to supplement the material discussed in class and there may be a pop quiz at any point.

- **OpenStax Psychology Textbook:** Chapter 11 (Posted on Class Website)

Unit 9 Vocabulary Terms & Flip Book

Psychology is a term heavy course; you are responsible for the terms below. You will have a vocabulary quiz every other unit. For the quiz I will pull terms from the Unit vocabulary lists.

IMPORTANT: 10 points of your Unit Test grade are devoted only to Vocabulary!

Unit 9 Flip Book: Each term should be on its own card. Each card will have the term thoroughly and clearly defined on the back. Each card will be taped into a manila folder and turned in the day of the unit test.

- 1) Personality
- 2) Psychoanalytic Theory
- 3) Humanistic Approach
- 4) Free Association
- 5) Psychoanalysis
- 6) Unconscious
- 7) Id
- 8) Ego
- 9) Superego
- 10) Oedipus Complex
- 11) Fixation
- 12) Defense Mechanisms
- 13) Repression
- 14) Regression
- 15) Reaction Formation
- 16) Projection
- 17) Rationalization
- 18) Displacement
- 19) Sublimation
- 20) Denial
- 21) Collective Unconsciousness
- 22) Projective Test
- 23) Thematic Apperception Test
- 24) Rorschach Inkblot Test
- 25) False Consensus Effect
- 26) Self-Actualization
- 27) Unconditional Positive Regard
- 28) Self-Concept
- 29) Trait
- 30) Myers-Briggs Type Indicator
- 31) Personality Inventory
- 32) Minnesota Multiphasic Personality Inventory
- 33) Social-Cognitive Perspective
- 34) Reciprocal Determinism
- 35) External Locus of Control
- 36) Internal Locus of Control

Part II – Unit One-Pager

One-Pager Directions:

- Use **UNLINED** White Paper.
- Use **Colored Pens, Pencils, or Markers**.
 - The more visually appealing it is the more you will learn and remember.
 - Why? - It will be stored by and in different parts of your brain by using different colors, physically writing on it, physically drawing picture, etc.
- **YOUR CONTENT MUST FILL THE ENTIRE PAGE.**
- Be purposeful about the arrangement of your content.
 - For example, have a reason for using a certain color or for placing an object in a certain place.
- Write **TWO** Quotations from the reading, activities, notes, or class lectures about this unit or part of the unit.
 - Quotations **MUST** be in complete sentences.
- Use **THREE** hand drawn visual images to create a central focus to your One-Pager.
 - These images should be in big, bold, and colorful!
 - **THREE** is the minimum required, you can always have more.
 - They should be related to the unit or part of unit, the more personal, funny, gross, etc. the better you will remember it.
- Place what you feel are the **FIVE Most Essential Vocabulary Words/Phrases/People** around each image.
 - **FIVE** is the minimum required, but you can always have more.
 - These words/phrases/people should express the main ideas, your impressions, feelings, or thoughts about what you have seen, read, or learned in the unit or part of the unit.
- Title the One-Pager as the **Main Idea** of the One-Pager making it the biggest and boldest words on the page.
 - It does not have to be one word, or the word that we use to describe it in class, it can be something unique that helps you remember this unit or part of the unit the best.
- Write **TWO** AP Questions on the front of your One-Pager (these are essentially short answer questions needing to be answered in multiple sentences)
- Answer **BOTH** of these questions on the back of the One-Pager using complete thoughts and sentences.
- **WRITE YOUR NAME ON THE BACK!**