

AP Psychology - Unit 9 Assignment

Personality

Big Question: Which theory of personality best describes who we are?

Personality Objectives:

- Describe Freud's view of personality structure
- Outline and describe Freud's psychosexual stages of personality development
- Explain how defense mechanisms operate
- Discuss the major ideas of the neo-Freudians and today's psychodynamic issues
- Explain how projective tests are used to assess personality and describe research findings regarding their validity and reliability
- Discuss trait theories of personality
- Identify the Big Five personality factors
- Discuss the basic ideas of Maslow and Rogers
- Evaluate the humanistic perspective
- Describe the social-cognitive perspective and define reciprocal determinism

Personality Overview

Personality refers to each individual's characteristic pattern of thinking, feeling, and acting. The Personality chapter examines four perspectives on personality. Psychoanalytic theory emphasizes the unconscious and irrational aspects of personality. The social-cognitive perspective emphasizes the effects of our interactions with the environment. Humanistic theory draws attention to the concept of self and to human potential for healthy growth. Trait theory led to advances in techniques for evaluating and describing personality. The text first describes and then evaluates the contributions and shortcomings of each perspective. In addition, within each section is a brief description of some of the techniques used by the perspective in analyzing personality.

Unit 9 Reading Assignments:

You are responsible for the reading listed below; it is meant to supplement the material discussed in class and there may be a pop quiz at any point.

- **OpenStax Psychology Textbook:** Chapter 11 (Posted on Class Website)

Unit 9 Vocabulary Terms & Flip Book

Psychology is a term heavy course; you are responsible for the terms below. You will have a vocabulary quiz every other unit. For the quiz I will pull terms from the Unit vocabulary lists.

Flip Book: Each term should be on its own card. Each card will have the term thoroughly and clearly defined on the back. Each card will be taped into a manila folder and turned in the day of the unit test.

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|--------------------------|-------------------------------------------------|
| 1) Personality | 21) Collective Unconsciousness |
| 2) Psychoanalytic Theory | 22) Projective Test |
| 3) Humanistic Approach | 23) Thematic Apperception Test |
| 4) Free Association | 24) Rorschach Inkblot Test |
| 5) Psychoanalysis | 25) False Consensus Effect |
| 6) Unconscious | 26) Self-Actualization |
| 7) Id | 27) Unconditional Positive Regard |
| 8) Ego | 28) Self-Concept |
| 9) Superego | 29) Trait |
| 10) Oedipus Complex | 30) Myers-Briggs Type Indicator |
| 11) Fixation | 31) Personality Inventory |
| 12) Defense Mechanisms | 32) Minnesota Multiphasic Personality Inventory |
| 13) Repression | 33) Social-Cognitive Perspective |
| 14) Regression | 34) Reciprocal Determinism |
| 15) Reaction Formation | 35) External Locus of Control |
| 16) Projection | 36) Internal Locus of Control |
| 17) Rationalization | |
| 18) Displacement | |
| 19) Sublimation | |
| 20) Denial | |

