# AP Psychology - Unit 9 Assignment Personality

Big Question: Which theory of personality best describes who we are?

### Personality Objectives:

- Describe Freud's view of personality structure
- Outline and describe Freud's psychosexual stages of personality development
- Explain how defense mechanisms operate
- Discuss the major ideas of the neo-Freudians and today's psychodynamic issues
- Explain how projective tests are used to assess personality and describe research findings regarding their validity and reliability
- Discuss trait theories of personality
- Identify the Big Five personality factors
- Discuss the basic ideas of Maslow and Rogers
- Evaluate the humanistic perspective
- Describe the social-cognitive perspective and define reciprocal determinism

### Personality Overview

Personality refers to each individual's characteristic pattern of thinking, feeling, and acting. The Personality chapter examines four perspectives on personality. Psychoanalytic theory emphasizes the unconscious and irrational aspects of personality. The social-cognitive perspective emphasizes the effects of our interactions with the environment. Humanistic theory draws attention to the concept of self and to human potential for healthy growth. Trait theory led to advances in techniques for evaluating and describing personality. The text first describes and then evaluates the contributions and shortcomings of each perspective. In addition, within each section is a brief description of some of the techniques used by the perspective in analyzing personality.

### Unit 9 Reading Assignments:

You are responsible for the reading listed below; it is meant to supplement the material discussed in class and there may be a pop quiz at any point.

• OpenStax Psychology Textbook: Chapter 11 (Posted on Class Website)

## Unit 9 Vocabulary Terms & Flip Book

Psychology is a term heavy course; you are responsible for the terms below. You will have a vocabulary quiz every other unit. For the quiz I will pull terms from the Unit vocabulary lists.

Unit 9 Flip Book: Each term should be on its own card. Each card will have the term <u>thoroughly and</u> <u>clearly</u> defined on the back. Each card will be taped into a manila folder and turned in the day of the unit test.

- 1. Personality
- 2. Psychoanalytic Theory
- 3. Humanistic Approach
- 4. Free Association
- 5. Psychoanalysis
- 6. Unconscious
- 7. Id
- 8. Ego
- 9. Superego
- 10.Oedipus Complex
- 11. Fixation
- 12. Defense Mechanisms
- 13. Repression
- 14. Reaction Formation
- 15. Projection
- 16. Rationalization
- 17.Displacement
- 18. Sublimation
- 19.Denial
- 20. Collective Unconsciousness
- 21. Projective Test
- 22. Thematic Apperception Test
- 23. Rorschach Inkblot Test

- 24. False Consensus Effect 25. Self-Actualization 26. Unconditional Positive 27.Regard 28.Self-Concept 29. Trait 30. Myers-Briggs Type Indicator 31. Personality Inventory 32. Minnesota Multiphasic 33. Personality Inventory 34. Empirically Derived Test 35. Social-Cognitive Perspective 36. Reciprocal Determinism 37.Big 5 38. Compensation 39. Intellectualization 40. Regression 41. Identification 42. Positive Psychology 43. Psychosexual Stages
- 44. Self-Serving Bias
- 44. Sett Setving Dias
- 45. External Locus of Control
- 46. Internal Locus of Control