

AP Psychology - Unit 8 Assignment

Intelligence, Motivation, & Emotion

Big Questions: What defines an intelligent person? How can we make personality/intelligence testing a constructive endeavor? What motivates us? Why do we display emotions? How does perception affect emotion? What effect does stress have on the body?

Intelligence, Motivation, & Emotion Objectives:

- Trace the origins of intelligence tests including the contributions of Galton, Binet, and Terman.
- Distinguish between aptitude and achievement tests and describe modern tests of mental abilities such as the WAIS and SAT.
- Describe principles of test construction including standardization, reliability, and validity, and explain how they are used to form accurate tests.
- Describe the nature of intelligence and discuss the implications of culture on intelligence.
- Explain whether intelligence should be considered a general mental ability or many specific abilities.
- Discuss the stability of intelligence scores and describe the two extremes of the normal distribution of intelligence.
- Identify the factors associated with creativity and describe the relationship between creativity and intelligence
- Discuss evidence for both genetic and environmental influences on intelligence.
- Define motivation and discuss the three perspectives that have influenced our understanding of motivation.
- Discuss the basis of hunger in terms of physiology and external incentives and explain how taste preferences are determined.
- Describe the symptoms and possible causes of anorexia nervosa and bulimia nervosa.
- Explain Maslow's hierarchy of needs.
- Describe the nature and origin of achievement motivation.
- Distinguish between extrinsic and intrinsic motivation, focusing on their relative effectiveness in promoting achievement motivation.
- Discuss how leaders can create a motivated, productive, and satisfied work force.
- Identify the three components of emotion, describe the physiological changes that occur during emotional arousal, and discuss the relationship between arousal and performance.
- Describe the relationship between bodily states and specific emotions and discuss the effectiveness of the polygraph in detecting lies.
- Describe some nonverbal indicators of emotion and discuss the extent to which people from different cultures display and interpret facial expressions of emotion in a similar manner.
- Describe the effects of facial emotional expressions on emotional experience.
- Discuss the significance of biological and environmental factors in the acquisition of fear.
- Discuss the catharsis hypothesis and identify some of the advantages and disadvantages of openly expressing anger.
- Identify some potential causes and consequences of happiness and describe how happiness is influenced by our own prior experiences and by others' attainments.
- Contrast the James-Lange and Cannon-bard theories of emotion.
- Describe Schachter's two-factor theory of emotion and discuss evidence suggesting that some emotional reactions involve no conscious thought.

Intelligence, Motivation, & Emotion Overview

An enduring controversy in psychology involves attempts to define and measure intelligence. The Intelligence chapter describes the historical origins of intelligence tests and discusses several important issues concerning their use. These include the methods by which intelligence tests are constructed and whether such tests are valid, reliable, and free of cultural bias. The chapter also discusses research that attempts to assess the neurological basis of intelligence, the stability of intelligence, whether intelligence is a single general ability or several specific ones, and the extent of genetic and environmental influences on intelligence.

Perhaps no topic is more fundamental to psychology than motivation - the study of forces that energize and direct our behavior. This unit discusses various motivational concepts and looks closely at three motives: hunger, sex, and achievement. Research on hunger points to the interplay between physiological and psychological (internal and external) factors in motivation. Sexual

motivation in men and women is triggered less by physiological factors and more by external incentives. Achievement motivation, in particular, demonstrates that a drive-reduction theory is of limited usefulness in explaining human behavior: Although this motivation serves no apparent physiological need, it may be extremely forceful nonetheless.

Emotions are responses of the whole individual, involving physiological arousal, expressive behaviors, and conscious experience. This unit examines these components in detail, particularly as they relate to the emotions of fear, anger, and happiness. In addition, the chapter discusses several theoretical controversies concerning the relationship and sequence of the components of emotion, primarily regarding whether the body's response to a stimulus causes the emotion that is felt and whether thinking is necessary to and must precede the experience of emotion.

Unit 8 Reading Assignments:

You are responsible for the reading listed below; it is meant to supplement the material discussed in class and there may be a pop quiz at any point.

- **OpenStax Psychology Textbook:** Chapters 7 & 10 (Posted on Class Website)

Unit 8 Vocabulary Terms & Flip Book

Psychology is a term heavy course; you are responsible for the terms below. You will have a vocabulary quiz every other unit. For the quiz I will pull terms from the Unit vocabulary lists.

Unit 8 Flip Book: Each term should be on its own card. Each card will have the term thoroughly and clearly defined on the back. Each card will be taped into a manila folder and turned in the day of the unit test.

1. Intelligence Test
2. Intelligence
3. General Intelligence (g)
4. Factor Analysis
5. Savant Syndrome
6. Emotional Intelligence
7. Mental Age
8. Stanford-Binet
9. Intelligence Quotient (IQ)
10. Achievement Tests
11. Aptitude Tests
12. Wechsler Adult Intelligence Scale (WAIS)
13. Standardization
14. Reliability
15. Validity
16. Content Validity
17. Predictive Validity
18. Down Syndrome
19. Sternberg's Triarchic Theory
20. Flynn Effect
21. Motivation
22. Drive-Reduction Theory
23. Homeostasis
24. Incentive
25. Hierarchy of Needs
26. Set Point
27. Basal Metabolic Rate
28. Anorexia Nervosa
29. Bulimia Nervosa
30. Estrogen
31. Testosterone
32. Arousal
33. Self-Transcendence Needs
34. Self-Actualization Needs
35. Physiological Needs
36. Lateral Hypothalamus
37. Ventromedial Hypothalamus
38. Obesity
39. Birth Order Effect
40. Emotion
41. James-Lange Theory of Emotion
42. Cannon-Bard Theory of Emotion
43. Singer-Schacter/Two-Factor Theory of Emotion
44. Spillover Effect
45. Catharsis
46. Well-Being
47. Adaptation-Level Phenomenon
48. Yerkes-Dodson Law
49. Feel Good, Do Good Phenomenon
50. General Adaptation Syndrome
51. Approach-Avoidance
52. Avoidance-Avoidance
53. Approach-Avoidance
54. Multiple Approach-Avoidance

Part II: Unit One-Pager

One-Pager Directions:

- Use **UNLINED** White Paper.
- Use **Colored Pens, Pencils, or Markers**.
 - The more visually appealing it is the more you will learn and remember.
 - Why? - It will be stored by and in different parts of your brain by using different colors, physically writing on it, physically drawing picture, etc.
- **YOUR CONTENT MUST FILL THE ENTIRE PAGE.**
- Be purposeful about the arrangement of your content.
 - For example, have a reason for using a certain color or for placing an object in a certain place.
- Write **TWO** Quotations from the reading, activities, notes, or class lectures about this unit or part of the unit.
 - Quotations **MUST** be in complete sentences.
- Use **THREE** hand drawn visual images to create a central focus to your One-Pager.
 - These images should be in big, bold, and colorful!
 - **THREE** is the minimum required, you can always have more.
 - They should be related to the unit or part of unit, the more personal, funny, gross, etc. the better you will remember it.
- Place what you feel are the **FIVE Most Essential Vocabulary Words/Phrases/People** around each image.
 - **FIVE** is the minimum required, but you can always have more.
 - These words/phrases/people should express the main ideas, your impressions, feelings, or thoughts about what you have seen, read, or learned in the unit or part of the unit.
- Title the One-Pager as the **Main Idea** of the One-Pager making it the biggest and boldest words on the page.
 - It does not have to be one word, or the word that we use to describe it in class, it can be something unique that helps you remember this unit or part of the unit the best.
- Write **TWO** AP Questions on the front of your One-Pager (these are essentially short answer questions needing to be answered in multiple sentences)
- Answer **BOTH** of these questions on the back of the One-Pager using complete thoughts and sentences.
- **WRITE YOUR NAME ON THE BACK!**